

# Childhood Trauma Exists

## To understand a child's anxieties

# LOOK THROUGH THEIR EYES

**Infant, teen, toddler, tween... any child.**

Sometimes, the things adults do may impact children in ways they never imagined. Angry arguments, yelling and hitting could be traumatic to a child. To understand their anxieties, look at each situation through the child's eyes. If you see signs of childhood trauma—withdrawal, clinging, anger, indifference, fear—you can do something.

**There is help, and there is hope.**

**Learn more at [LookThroughTheirEyes.org](http://LookThroughTheirEyes.org)**



illinois childhood trauma coalition