

Sweet baby, I promise to...  
Read | Cuddle | Smile | Sing | Play



# MOBILE BABIES

STORIES FOR  
CHILDREN  
THAT GROWNUPS CAN WATCH



Welcome to “Mobile,” the latest “Stories for Children That Grownups Can Watch.” The “Stories” series are films and activity books to help parents and care givers of children who have been exposed to conflict, trauma or violence.

If you or your baby need immediate help due to conflict, trauma or violence, call the Illinois Domestic Violence Hotline - 1-877-863-6338 (toll free). TTY 1-877-863-6339.

For counseling or other services, go to this website page to search for a nearby service provider.

[www.lookthroughtheireyes.org](http://www.lookthroughtheireyes.org)

### ABOUT THE “MOBILE” KIT

“Mobile” is an animated film on the DVD about how to understand your infant, because what your baby sees and hears is so much more than you might imagine.

The DVD contains valuable video chapters with information, tips and advice presented by Home Visitors, and by experts in pre-natal and infant development and fussy baby syndrome.

There’s also a chapter with ideas from parents like you.

“Mobile Babies” is a picture book to help your baby have the very best start in life. You’ll enjoy reading it to your baby every day.

“Tips For Helping You and Your Baby” is a brochure with great suggestions and ideas from all the material in this “Stories” Kit.

This project is funded by Governor’s Office of Early Childhood Development, Illinois Violence Prevention Authority, Illinois Children’s Mental Health Partnership, Illinois Department Of Human Services.

Materials were developed collaboratively by Chicago Safe Start / Illinois Safe From The Start, Illinois Childhood Trauma Coalition, Metropolis Strategies/Illinois Justice Project and PS&A Communications. Mobile characters and Babies by permission of PS&A.

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## Dear Parents and Caregivers,

The film “Mobile,” DVD chapters and this book, “Mobile Babies,” offers helpful tips to understand and care for your baby and resources for help when you need it.

“Mobile” shows how babies are affected when conflict, violence and other traumas happen to or around them.

This material will help moms, dads and other adults in a baby’s life learn “the language of infants” by paying attention to the powerful ways infants do communicate – through their eye contact, interaction and body language.

By using this little book, you are making positive and long-standing changes in the way you care for your baby. “Mobile” is a source of gentle learning, good information and comfort, whether you’re a mom, dad, relative or caregiver, a caring service provider or clinician.

Let’s bring the kids back into focus and make sure every child is safe from the start.

*Eddie and Kathryn Bocanegra*





# I'LL READ AND TALK TO YOU, BABY

Promise to take at least 15 minutes every day to...

Teach you to read.

Talk to you and teach you new words.

Learn something new every day.

Become smarter in every way.

And, show how much I love you.



# I'LL CUDDLE AND HUG YOU, BABY

Hold you tenderly, cheek to cheek, heart to heart to...

Help you feel safe and protected.

Listen to our hearts beating together.

Be relaxed, calm and quiet.

Help you sleep sweetly.

Help us both be healthy and happy.





# I'LL SMILE AND WINK AT YOU, BABY

Promise to look in your eyes baby, to...

Show you how much I love you.

Help you to recognize me.

Know you are healthy and strong.

Learn what you are feeling.

Have fun winking and blinking.

# I'LL SING AND DANCE WITH YOU, BABY

Promise to play soft music and dance gently 'cause...

I have special songs just for you.

Singing softly helps you have sweet dreams.

A little sweet dancing calms you down.

You love gentle rhythms and so do I.

It's all good when we're together.





# I'LL LAUGH AND PLAY WITH YOU, BABY

Promise we'll have fun every day 'cause I...

Love to see you smile.

Want to teach you sooo much.

Know you're happy when we play.

See you laughing and my heart laughs too.

Feel happy when I show how much I love you.

LET'S

READ

AGAIN

